

## Sermon Notes: Prayer Is Oxygen *Speaker: Pastor Wes*

### I. Introduction

- Emphasis on the critical importance of prayer in the life of a believer.
- Reference to Acts 16:25 as a foundational scripture for the sermon.
  - **Acts 16:25:** "But at midnight Paul and Silas were praying and singing hymns to God, and the prisoners were listening to them."

### II. The Power of Prayer

- Prayer likened to oxygen, essential for spiritual survival and efficacy.
- Description of the miraculous event where Paul and Silas pray during imprisonment leading to all prisoners' chains being loosed.
  - **Acts 16:25-28:** Detailed recount of the earthquake and subsequent liberation.

### III. Spiritual Warfare

- Explanation of the Christian's battle not against flesh and blood but against spiritual principalities and powers.
  - **Ephesians 6:12:** "For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places."
- Discussion of how spiritual warfare is a reality that requires recognition and active engagement.

### IV. The Role of Communal Prayer

- Stresses the communal aspect of prayer, impacting not just the individual but the community.
- Prayer as a weapon in spiritual warfare, empowering believers to confront and overcome darkness.

### V. Encouragement to Practice Faith

- Encourages the congregation to actively engage in prayer, not as a passive act but as a proactive approach to life's challenges.
- Highlights the need for believers to embrace their authority in Christ to effect change both in the spiritual and physical realms.

## VI. Scriptural Mandate for Believers

- Reference to Mark 16:15-18, discussing the signs that will follow those who believe:
  - **Mark 16:15-18:** "And He said to them, 'Go into all the world and preach the gospel to every creature. He who believes and is baptized will be saved; but he who does not believe will be condemned. And these signs will follow those who believe: In My name they will cast out demons; they will speak with new tongues; they will take up serpents; and if they drink anything deadly, it will by no means hurt them; they will lay hands on the sick, and they will recover.'"
- Emphasis on the importance of acting on the Great Commission and the power that accompanies faith.

## VII. Conclusion

- Recap of the key points: the power of prayer, the reality of spiritual warfare, and the believer's authority in Christ.
- A call to spiritual arms, urging the congregation to daily put on the full armor of God and to stand firm in faith.